

# OWNER'S MANUAL

## BEAUTY & SAUNA CONNECTION



Enjoy Health And Beauty In Your Life!

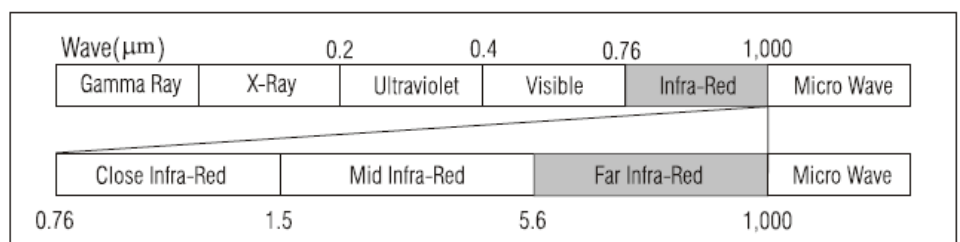
Sauna: the European secret for youthful vitality, now enjoy it for yourself!

Carefully and thoroughly read this manual before using the sauna for the first time. We recommend keeping this manual for regular review and future reference.

Congratulations on your purchase of a Far Infra-Red (FIR) Dry Sauna . Please spend a moment reading through the features and benefits of your new sauna. And remember to always consult your physician before beginning any sauna therapy program.

**HOW IT WORKS** – Your sauna uses carbon fiber heaters to produce beneficial infrared rays. This means that a metallic filament inside the carbon fiber has an electrical current pass through it. The filament heats the carbon fiber surrounding it, and the carbon fiber emits Far Infra-Red rays.

**WHAT ARE FAR INFRARED RAYS** – Infrared is an invisible band of light that warms objects without warming the air between them. These are the beneficial rays that the Sun produces, helping to warm our skin with direct sunlight even on a cold day. 95% of the energy produced by carbon fiber is transformed into Far Infra-Red rays with a wavelength of 5 to 17 microns. The Sun produces Far Infra-Red rays at 9.4 microns.



**ARE INFRARED RAYS SAFE** – Infrared rays are essential to almost every form of life on our planet. In addition to helping warm a person, they also help the body function better on a cellular level. The technology is so safe that it has been used for years in hospital delivery rooms to help newborn babies achieve an acceptable body temperature.

**HOW TO USE YOUR SAUNA** – Turn the sauna on and set the temperature to 140 fahrenheit . You will want to wear a minimal amount of clothing into the sauna as some materials will absorb

the infrared rays. Some people prefer to have some water with them to help replace the water that will be lost through perspiration. After about 5 minutes your sauna is ready to use. **REMEMBER** – your sauna is NOT a hot box. The infrared emitters are designed to heat you, not the air inside the box. The temperature gauge is there merely as a guide for your enjoyment and safety.

**NOT A HOT BOX** – When people hear the word sauna they typically think of a steam sauna where high temperatures and high humidity induce a person to sweat. In our example, a steam sauna is similar to a conventional oven. It cooks your food by heating it to extremely high temperatures. An infrared sauna is more like a microwave oven – it produces energy which warms the food and excites the water molecules inside of the food to bake it. Your infrared sauna produces energy that will warm your body and cause the desired reactions without having to reach extremely high (and uncomfortable) temperatures inside the unit. Because of the infrared rays produced, sweating inside an infrared sauna will start at much lower temperatures than under normal conditions.

**TEMPERATURE** – The key to your infrared sauna is to keep the unit working the entire time you are inside. Working is defined as having a current sent through the filament, which thus produces infrared rays. If you wait until your sauna approaches or reaches its peak capacity of 140 degrees, the unit will only “work” (emitted infrared rays) when the temperature drops below 140, which means that you will only intermittently be receiving the beneficial infrared rays. The temperature gauge and the timer are mandated safety features to make sure that someone does not overheat their body. There are no negative side effects to prolonged exposure to infrareds outside of overheating.

**WHAT WILL HAPPEN INSIDE** – You will feel the heat being generated by the infrared emitters immediately. The wavelength of this heat will allow the rays to penetrate your skin and heat your body beneath the surface. This will excite the water molecules stored in the layer of fat just beneath your skin, and cause you to start to sweat. Most people tend to sweat after about 20 minutes, although this time period shortens with frequent sauna use. This sweat also allows the body to detoxify itself as the toxins it has eliminated from your blood stream and stored in your fat layer can now be brought to the surface of the skin with the sweat. The direct heat will also cause your blood vessels to dilate (increasing your circulation) and will increase your breathing and heart rate. Your body will also burn calories as it produces sweat. It is recommended that you drink water before, during and after your sauna to make sure you do not become dehydrated.

Be careful with what you take inside of your sauna with you. Some metals absorb the infrared rays and can become extremely hot during a sauna session.

**AFTER THE SAUNA** – It is recommended that you towel off after your sauna session. It is NOT recommended that you take a shower immediately after as the pores in your skin will be open and could potentially absorb anything in your water; but if you do shower, do not use soap – just rinse off.

**CARE FOR YOUR SAUNA** – Your sauna does not require a lot of care. If desired, you can wipe it down with water and a clean cloth. Do not use oils or cleaning chemicals, as these items will then be released next time you are in your sauna and could potentially cause you health issues.

**BENEFITS OF YOUR SAUNA** – Benefits of infrared therapy have been studied for several decades in Japan, Europe and recently in the US as well. Frequent users of infrared saunas have seen:

- Lowering of blood pressure
- Decrease of joint stiffness
- Weight Loss
- Lowering of blood sugar levels
- Increase in blood flow
- Lowering of cholesterol
- Lowering of triglycerides
- Relief of muscle spasms
- Pain Relief
- Increases extensibility of collagen tissue
- Assists in resolution of inflammatory infiltrates, edema and exudates
- Help with acne, eczema, psoriasis, burns and skin lesions and cuts
- Helps open wound heal quicker and with less scarring
- Improve skin tone and elasticity
- Breaks up cellulite
- Boosts immune system
- Helps reduce injuries when used for warming up muscles before stretching and exercising

**DISCLAIMER** – The infrared rays emitted by your infrared sauna is reputed to offer an astounding range of possible therapeutic benefits and effects in research conducted around the world. These benefits are presented a reference purposes only, and no implication of Infrared Saunas creating a cure for or treating any disease is implied nor should be inferred. If you have a health condition, are using prescription drugs or have acute joint problems, please consult your physician before beginning an infrared sauna therapy routine. Persons with surgical implants (metal pins, rods, artificial joints, silicone or other) typically do not experience any adverse effects, but should also consult their surgeon before beginning infrared therapy.

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# 1. Product Introduction

The infrared sauna room is composed of wood cabin, carbon fiber infrared heaters and a control system. The wood cabin includes FRONT PANEL, BACK PANEL, LEFT PANEL, RIGHT PANEL, BENCH PANEL, , BOTTOM PANEL, FLOOR HEATER PANLE, TOP PANEL.

## Name of Each Part

A. **FRONT PANEL** (see figure 1)

B. **PRODUCT INSIDE** (see figure 2)

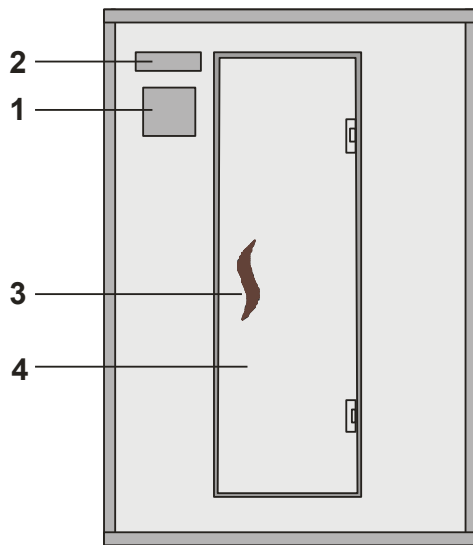


Figure 1

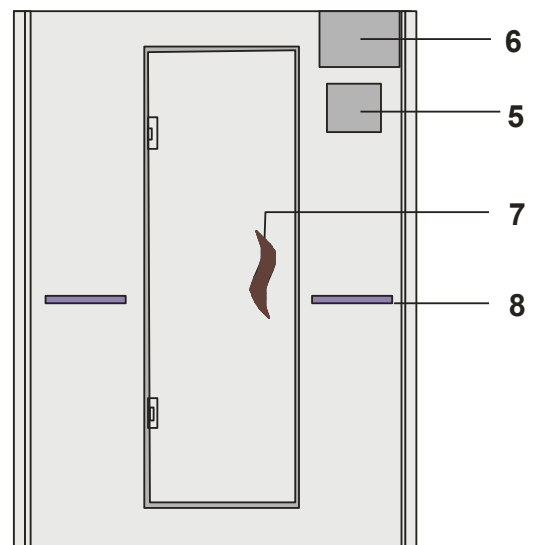
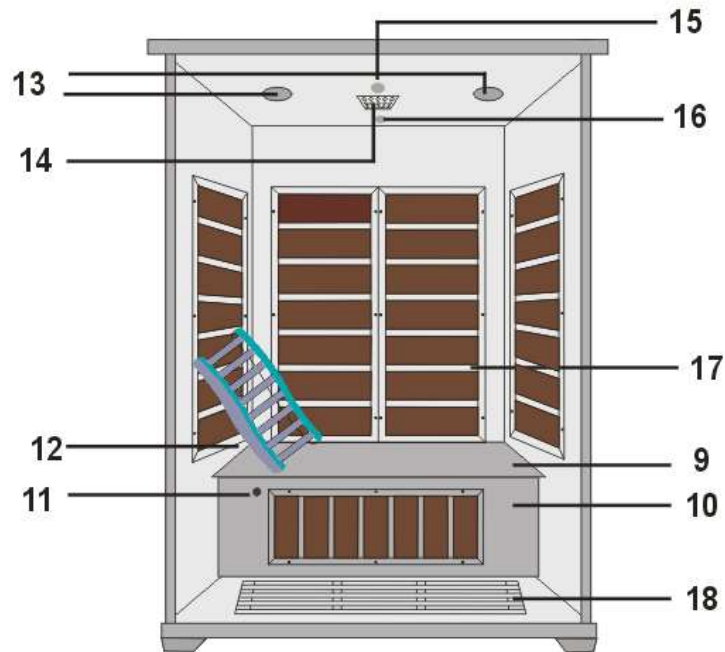


Figure 2

- 1) Control panel
- 2) CD/radio(Optional)
- 3) Handle
- 4) Safety glass door
- 5) Control panel
- 6) CD cover box(Optional)
- 7) Handle
- 8) Drink rack(Optional)

C. **PRODUCT INSIDE** (see figure 3)



**Figure 3**

- 1) Bench panel
- 2) Bench heater panel
- 3) On/off under-seat switch (optional)
- 4) Backrest (optional)
- 5) Speaker
- 6) Ventilation grid
- 7) Reading lamp/Color light
- 8) temperature sensor (different place in different models)
- 9) Carbon Fiber Infrared Heater
- 10) Floor heater panel

## CONTROL BOX

The control box is the control center of the sauna room, it is usually installed on the Top Panel, input/output connecting as below. (see Figure 4)



Figure 4

The POWER SUPPLY is the control center of the sauna room. It is installed on the topside of the ROOF PANEL and has inputs/outputs connected to it. (see Figure 1)

POWER IN - main power of the sauna room

HT1, HT2, HT3, HT4, HT5, HT6—heat emitter cords

LAMPROOF –roof lamp power (optional)

LIGHTING –Color Light

PANEL CONTROL –Control Panel

FUSE RESET –Protects against power

### II. Component Labeling

Power Cord –Main power cord connects the POWER SUPPLY to the dedicated wall outlet

HT1, HT2, HT3, HT4, HT5, HT6 – Heater cords connect the heat emitters to the POWER SUPPLY at these ports (HT5 & HT6 are not used on most models)

Lighting –Connects the interior lighting to the POWER SUPPLY at this port

Lamp Roof –Connects the exterior roof lights to the POWER SUPPLY at this port

Panel Control–Connects the Control Panel through the CTRL harness to the Power Supply at this port

L/R Speakers – Connects the speakers through these wires to the Control Panel

Temp Sensor –Connects the Temperature Sensor through this wire to the Control Panel MP3 Auxiliary Port

**TWO CD/radio options are for your selection, CD/radio, and CD/radio with remote control.**

### 1> CD/radio

Multi-function CD player, with the radio function of AM/FM wave band; time set-up and display function; when you listen to the CD music, you can listen first 10seconds of each song; left/right volume adjustable; high/low volume balancer; single/stereo adjustable; mute/stochastic play etc. CD/radio controls wholly on its own control panel. this model is installed with roof lamp, the switch of ROOF LAMP is on the CONTROL PANEL.

(See Figure 5)



(CD/Radio)  
Figure 5

### 2>CD/Radio with remote control

With the function of remote control, it can store the radio station and song outside/ inside automatically, other functions are the same as CD/radio. If you use this option on the sauna, there is a remote receiver on the inside CONTROL PANEL to receive the signal of remote control.(See Figure 6)



(CD/Radio with remote control)  
Figure 6

### 3. Different sauna option introduction

This is complement instruction for owner's manual of all carbon fiber infrared saunas.

#### 1) Heater introduction



CARBON FIBER INFRARED HEATER  
Figure 7



BACK PANEL OF CARBON FIBER SAUNA  
Figure 8

#### 2) Different styles of saunas (see figure 9~12)





Figure 9



Figure 10



Figure 11



Figure 12

## Buckles

Standard buckles used for connecting the sauna body (see figure 13~14).



Standard Outer Buckle  
Figure 13



Inner buckle  
Figure 14

#### 4. Buckle connection



Figure 15



Figure 16



Figure 17



Figure 18



Figure 19

#### 5. Assembly Instruction

Please read the operating instructions carefully before assembly. 2 adults are required for the sauna installation.

##### 1) TOOLS REQUIRED

Screwdriver, ladder

##### 2) INSTALLATION ORDER

BOTTOM PANEL-----BACK PANEL-----LEFT PANEL-----RIGHT PANEL-----FRONT  
PANEL-----BACK FRAME-----BENCH---TOP PANEL---TOP COVER

For easy installation, please distinguish each panel feature:

##### A. BOTTOM PANEL

The bottom panel has 4 raised edges that face upward. Three sides have clamps, the side without clamp is the front. (see figure 20)



Front side without clamps

With 6 raised lines around

Figure 20

### B. BACK PANEL

The panel width is almost the same as the bottom panel, The back panel contains heaters. (see figure 21)



Figure 21

### C. SIDE PANELS

The 2 side panels are almost 2 meters in height, with the rectangular batten at the top of the panel when the panels is standing upright. (see figure 22)

With rectangular batten is upside



Figure 22



Figure 23



Figure 24

To distinguish the inside and outside of the side panels, the inside side has no clamps, (see figure 23), while outside side has clamps. (see figure 24)

**Installation Information:**

**1) Choose a good location to install the sauna room**

- A. MAIN POWER cord must be easily accessible.
- B. The location must be dry and leveled.
- C. Far from any source of water.

Caution: Assembly of sauna requires at least 2 adults to complete.

**2) Place the BOTTMOM PANEL**

Place the bottom panel on the floor; make sure the front side of the bottom panel is without clamps. (see figure 25)



Figure 25

### 3) Put on the BACK PANEL

Remove the gum paper on the clamps, place the BOTTOM PANEL in the correct direction and click on tightly. (see figure 26)



Figure 26

### 4) Install the LEFT/RIGHT PANEL

Remove the gum paper on the clamps, put the LEFT PANEL on the BOTTOM PANEL in correct direction and click on tightly. When the LEFT PANEL stands well on the BOTTOM PANEL, then install the RIGHT PANEL in the same way. (see figure 27~28)



Figure 27



Figure 28

### 5) Plug floor heater connector, Install the bench heater panel, plug bench heater connector and install bench panel.

1> Plug in the floor heater connector to the inlet located on the left of the back panel.(see figure 29)

2> Slide down the bench heater panel by lining up its sides with the vertical guides on each side panel. The heater grid is facing outward (toward the front of the sauna ). Push the bench heater panel all the way down until it is touching the BOTTOM PANEL and securely in place.( see figure 30)

3> Plug in the bench heater connector to the inlet located on the right of the back panel.(see figure 31)

3>Install the bench panel by sliding it over the horizontal bench guides on the side panels. Push the bench all the way in until it can touch the BACK PANEL and is securely in place. Make sure of the bench position so that the smooth and finished side of the bench are facing up and forward. (see figure 32)



Figure 29



Figure 30



Figure 31



Figure 32

### 6) Install the front panel

Place the FRONT PANEL onto the recessed area on the BOTTOM PANEL. Align clips with LEFT/RIGHT PANEL and secure in place by fastening them. (see figure 33~34)



Figure 33



Figure 34

## 7) Place the TOP PANEL

1>. The side with the CONTROL BOX is the up side.

2> The edge nearest to the CONTROL BOX is the front of TOP PANEL. (see figure 35)

**NOTE: Be careful of the wires in the SIDE PANEL while you place the TOP PANEL. The holes in the side panel should align to the holes in the TOP PANEL in order to drill through the wires from the SIDE to the TOP. Failure to do so could damage the wires.**



Figure 35



Figure 36

3> Feed the control cable and CD connections down from the TOP PANEL through the long-shaped hole into the inside room. (see figure 36)

4> When all wires are set, lower the TOP PANEL into place. (see figure 35)

## 8). Connecting the plugs on the TOP PANEL

1> Plug into according to the respective mark. ( see figure 37-41)

2> Connect the CTRL plug from the CONTROL BOX to the CTRL plug from the CONTROL PANEL, then screw on. (see figure 41)

3> Plug the buzzer. (see figure 42)

Note: Do not plug the power cord taken out from the TOP COVER in power during installation.



FIGURE 37



FIGURE 38



FIGURE 39



Figure 40



Figure 41

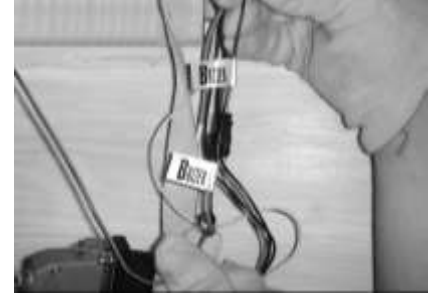


Figure 42

### 9) Install the CD/radio player (optional CD/radio with remote control)

CD/SIG connecting Connect all the branch lines properly according to the different marks and plug shape. Branch line quantity and marking of CD-ROM, CD/radio in remote control is different from that in CD/radio.

CD/RADIO	CD-POWER	FAN-POWER	L/SPEAKER	R/SPEAKER	ANTENNA	FAN ON TOP	
CD/RADIO WITH REMOTE	CD-POWER	FAN-POWER	L/SPEAKER	R/SPEAKER	ANTENNA	FAN ON TOP	REMOTE/CTRL

#### A. Install the CD/radio

- 1> Screw off the lock strip on the top of CD player, Put in the CD/radio from the outside.
- 2> Fix up the holder. (see figure 43-44)
- 3> Plug CD/radio power. (see figure 45)
- 4> Plug the connector L/speaker and R/speaker. (see figure 46~47)
- 5> Plug into the CD/radio antenna faucet. (see figure 48)
- 6> Screw on the CD/radio cover box.(see figure 49)



Figure 43



Figure 44

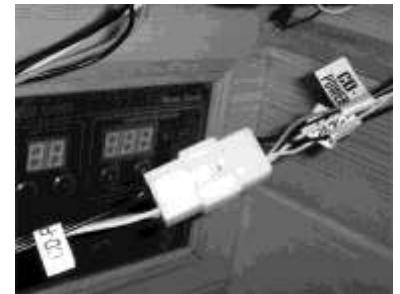


Figure 45

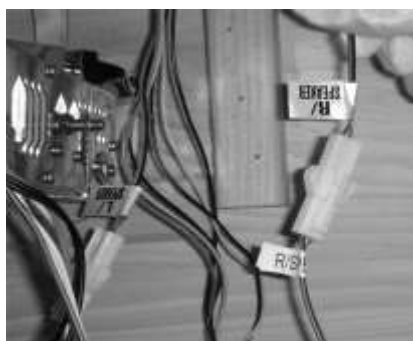




Figure 46



Figure 47

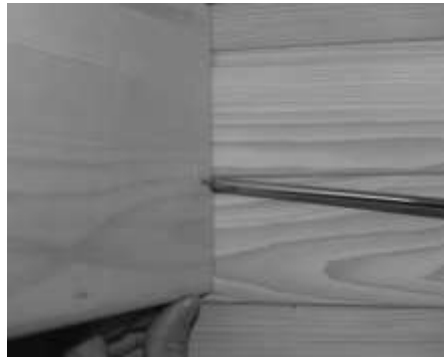


Figure 48



Figure 49



B. Install the CD/radio with remote control

1> Put in the CD/radio from the outside.

2> Fix up the holder. (see figure 43~44)

3> Plug CD/radio power.(see figure 45)

4> Plug the connector L/speaker and R/speaker. (see figure 46~47)

5> Plug into the CD/radio antenna faucet. (see figure 48)

6> Plug into the CD/radio remote line.(see figure 50)

7> Screw on the CD/radio cover box.( see figure 49)

The installation and connecting method of remCD/radio with remote is similar to CD/radio.

### Install the temperature sensor

After connecting all the plugs, remove the adhesive film from the TEMPERATURE SENSOR. (see figure 51)



Figure 50



Figure 51

### 10) Put on the TOP COVER

Lift the TOP COVER to the top of sauna room; take out the power cord from the round hole on the TOP COVER, gently place the TOP COVER onto the rest of the TOP PANEL. When the four edges are in the proper position, gently lower down and screw them securely in place. (see figure 52)



Figure 52



## Control Panel

Power On/Off: Press to control the main power of the sauna

Power Indicator: Indicates the status of the sauna's main power

Work Start/Stop: Press to control the working functions of the sauna

Work Indicator: Indicates the working status of the sauna

Heat Indicator: Indicates the status of heating function

Reading Light: Press to control the Lighting function

Bench Light: Press to control the Light Strips

Time Display: Displays the heating time of the sauna in minutes

Time: Press to adjust the setting of the timer

Temperature Display: Displays the actual interior temperature of the sauna room in C/F

Temperature: Press to adjust the temperature setting

C/F: Press to change the temperature display between C/F



Bluetooth: Control panel can be connected to Bluetooth devices to play music

1. Plug the sauna into the wall outlet.

2. Press the POWER button once. The POWER light will come on, the TIME DISPLAY will show 90 (minutes), the TEMPERATURE DISPLAY will show 151F / 66C, and the control panel will flash.

3. Press the up/down arrows under the TIME DISPLAY to adjust the amount of time you want the sauna to remain on. Press the C/F button to choose between Celsius and Fahrenheit. Press the up/down arrows under the TEMPERATURE DISPLAY to adjust the temperature setting.

Once you have set these adjustments to the desired settings, press the START/WORK button. If you do not press the button for 5 seconds, the control panel will stop flashing and the set-up values will be memorized. The WORK and HEAT lights will now be on and the emitters will now be generating heat. You can either pre-heat the sauna to the set temperature before entering or sit inside the sauna as the temperature rises to the set temperature. Please keep in mind that you will

increase the time it takes for the sauna to reach the set temperature if you enter the sauna room before it has reached the set temperature.

4. During your sauna session, set-up time will count down the minutes one by one. You can use the up/down arrows to adjust the time. If you do choose to adjust the time, the control panel will flash and the emitters will stop generating heat. Once you set the time to the desired setting, then press the START/WORK button twice and the control panel will stop flashing and heat will begin coming from the emitters once again.

5. Heating times do vary. Generally, it will take approximately twenty to thirty minutes to preheat the sauna to the average used temperature range of approximately 118 degrees Fahrenheit / 48 degrees Celsius. When the ambient temperature is low, heating requires additional time. For the first few times of use, you may use 115 degrees Fahrenheit / 46 degrees Celsius as a reference starting point for a time period of about 20 to 30 minutes (this represents the actual time you are in the sauna at the desired temperature). As you become more comfortable and familiar with the sauna, you can increase the temperature and time period according to your personal preference.

6. When the temperature is at the set-up value, the digital control will maintain the set temperature. The WORK light will remain on and the HEAT light will turn off. The emitters will stop generating heat. Once the inside temperature drops approximately 4 degrees Fahrenheit, the HEAT light will turn back on and heat will again be generated by the emitters. With the digital control, the inside temperature will always remain around the set-up value.

7. Reading Light and Bench Light are operated by pressing the respective buttons located towards the center of the control panel.

8. Reading Lighting can be operated as follows: First, you will need to install the battery. Once the battery has been inserted into the remote, you are ready to operate the color therapy lighting system. Press the READING LIGHT button on the sauna control panel. The white light will come on. While pointing the remote at the ceiling light, you can press any of the colors on the remote and that color will be displayed. You can use the SHADE button on the remote to go through a sequence of colors. If you want to turn the light off during your sauna session, you can press the POWER button on the remote. Please note: You must be inside the sauna room for the remote to work.



9. Bluetooth can be used on the sauna room. You first will need to pair your device with the sauna room. Open your device's Settings Menu and then locate and open Bluetooth. You will find the signal of "Bluetooth". Now you can pair your device. Once pairing is successful, your device will be connected. Please note that you must unpair/disconnect from Bluetooth if your sauna model has the MP3 Jack and you choose to use the Aux Wire to connect to the speaker system. If you need to reset the Bluetooth/Aux system, you can do so by unplugging the sauna's power cord for 15 minutes.

10. When powering the sauna on, press WORK START/STOP button one time, WORK and HEAT light is on, the emitters will start emitting. (If you press this button again, emitters are off, WORK and HEAT light is off.) In the summer (room temperature is around 30°C/86°F), (such as 2 person sauna) heating time and actual inside temperature like the following datasheet:

actual temperature	inside	40°C(104° F)	50°C(122° F)	55°C(131° F)	60°C(140° F)	66°C(150.8° F)
Heating time (minutes)		5~7	17~19	23~25	31~33	43~45

When environmental temperature is low, heating requires additional time. The above data is only for your reference. When the temperature is at the set-up value, the digital control will maintain the set temperature. The WORK light will remain on and the HEAT light will turn off. When the top heating, the sauna will maintain the set-up temperature for some time, when the inside temperature drops 2°C, the digital control will make the emitters continue heating until it reaches the set-up value. With the digital control, the inside sauna temperature is always around the set-up value.

## Tips for Using Your Sauna

- 1) If you take a hot /warm shower or bath before your sauna session, you may perspire more and feel more comfortable.
- 2) Drink some water prior to, during, and after your sauna session to replenish body moisture.
- 3) Regulate the set temperature inside the sauna until you feel comfortable, or use the movable roof ventilation, or leave the door open (by setting it at an angle).
- 4) Use at least 2-3 towels .Sit on one towel folded over several times for added cushion. Put another towel on the floor to absorb extra sweat, a third towel draped over the knees to towel off sweat often for even sweating.
- 5) At the first sign of cold or flu increasing your sauna sessions may be beneficial in boosting your immune system and decreasing the reproductive rate of the viruses.
- 6) To help relieve sore and tense muscles, massage the affected areas while in sauna to help heal faster.
- 7) To treat your ankles and feet more effectively, you can elevate them and move as close to one emitter to achieve a specific deep heating effect as you feel comfortable.
- 8) To utilize the sauna's heat therapy effect, put oil or treatment into your hair and wrap it with towel. After the session is over, rinse your hair thoroughly.
- 9) You can benefit from the relaxing and soothing effects of a regular sauna session by going to sleep afterwards. The peaceful and relaxed state rendered by a sauna session will help you sleep easier and better.
- 10)After the session is over, do not jump into the shower immediately. Since your body was heated up during the session, it will continue to sweat even after the emitters are off. Sit in the sauna with the door open and let the body sweat a little more while it cools off. Once you feel comfortable enough, take a warm (or cool) shower to rinse the perspiration off your body.

## Safety Instructions

1. **Read and follow all instructions carefully before you use sauna.** When installing and using this electrical equipment, basic safety precautions should always be followed.
2. To reduce the risk of injury, do not allow children to use the sauna unless they are closely supervised at all times.
3. Do not use the sauna immediately following strenuous exercise. Wait at least 30 minutes to allow the body to cool down completely.
4. Pregnant or possibly pregnant women should contact their physician prior to using the sauna. Excessive temperature has a high potential for causing fetal damage during the early months of pregnancy.
5. **Hyperthermia Danger:** the normal body temperature can't rise above 39 °C (103°F). Symptoms of excessive hyperthermia include dizziness, lethargy, drowsiness, and fainting. The effects of excessive hyperthermia may include failure to perceive heat, physical inability to exit sauna, unawareness of impending hazard, unconsciousness and fetal damage in pregnant women. Hyperthermia will make your body's core temperature rise, the high sauna temperature set-up is not recommended.
6. The use of alcohol, drugs, or medications prior to or during the sauna session may lead to unconsciousness.
7. Persons suffering from obesity or with a medical history of heart of heart disease, low or high blood pressure, circulatory system problems, or diabetes should consult a physician prior to using the sauna.

8. Persons using medications should consult a physician before using the sauna since some medications may induce drowsiness while others may affect heart rate, blood pressure, and blood circulation.
9. Exercise care before or after the sauna.
10. Never sleep inside the sauna while the sauna unit is working.
11. Do not use any type of cleaning agents on the interior of the sauna.
12. Do not stack or store any object on top of or inside the sauna.
13. If power supply cord becomes damaged, it must be replaced immediately by the manufacturer or its agent or a similarly qualified person. If you find the power cord is too hot, the electrical equipment may be in trouble, please ask the manufacturer or its agent's to inspect the unit to avoid a hazard.
14. Do not use the sauna during an electrical storm to avoid risk of shock.
15. Do not switch on or off the power and heating system, it will destroy the electrical equipment easily.
16. Dry your hands before you plug in or pull out the power and control circuit. Never operate with wet hands or with wet bare feet to avoid risk of electric shock. Don't have your finger touch the metal pins of plug.
17. Do not attempt any repair by yourself, if you have a problem, please consult the selling distributor or the manufacturer to eliminate safety risks. Unauthorized repair attempts will void manufacturer's warranty.
18. Please make sure the outlet power supply is big enough for your sauna. An under rated outlet will cause the cord to heat and pose a safety risk.
19. In some sauna models with roof lamps, the lamp temperature is very high once you power on and the light is on. Do not touch the lamp to prevent burns. Also, do not touch it for 20 minutes after it has stopped emitting.
20. Do not pour water or other liquids on the infrared emitters. Do not bump the elements with something hard which could break the element and cause an electrical short. Please be careful of this!

### **Safeguards for Your Sauna**

1. Do not use your sauna near water, e.g. near a bathtub, in a wet basement, or near a swimming pool.
2. Do not take a shower near the sauna to keep the wood material dry enough in case of deformation under water. Do not pour the water or other liquids to emitters and electrical equipments.
3. Do not use liquid cleaners or aerosol cleansers inside the sauna. Unplug the sauna from the wall outlet before cleaning. Use damp cloth for cleaning.
4. Power supply cord should be routed so it is not likely to be walked on or pinched by items placed upon or against it. Please protect the power cord and do not step on it on the ground, as it is a hazard. If the outlet is not near your sauna, we recommend unplugging it and coiling the cord when not in use.
5. When replacement parts are required, be sure they are specified by the manufacturer or have the same characteristics as the original parts. Unauthorized substitutes may result in fire, electric shock or other hazards. After repair, please ask the service technician to perform safety checks to determine that your sauna is in proper operating condition, and then you can use it.

## Troubleshooting Guide

1. Press LIGHT on the control panel, but reading lamp does not on.

Solution: 1) Unplug the MAIN POWER

2) Before you check the light, please feel if the light cover is hot.

3) Remove the TOP COVER of the sauna room.

4) Screw off the cooper nuts on lamp cover.

5) Remove the lamp holder.

6) Screw off the bulb gently.

7) Replace a new bulb with same voltage and wattage if the bulb is bad, and screw down gently.

8) Put on the TOP COVER and fasten the clamps.

2. When sauna is working, but some emitters are not heating up.

Solution: 1) Unplug the MAIN POWER.

2) Remove the top cover

3) Push the reset switch located next to the power cord on the back of the controlbox.

4) If the emitters are still not heating, call the distributors customer service department for further instructions.

**Please ask the distributor's technician to repair when you meet with the following problems. DO not**

**Repair the sauna unit by yourself.**

3. Emitter becomes red when power on. This is emitter problem, do not continue heating, you should replace the emitter.

4. Emitter is broken or damaged. DO not continue to operate, and replace a new emitter.

5. CONTROL BOX has some abnormal phenomenon: such as, so high temperature; bad smell or make some sound; please power off immediately. Contact the distributor's technician for checking.

6. Power cord or other cables are damaged or disconnection. do not use it again. Replace a power cord and connector etc. components.

**Control panel troubles and reasons:**

7. Control panel: No display.

Possible reasons: 1) The electricity power is not plugged well or lose contact, and it is not powered.

2) The CTRL connector on the CONTROL BOX is not plugged or lose contact.

3) CTRL cable is disconnected.

4) CONTROL BOX is damaged.

8. Control panel with display, but no function when you press on it.

Possible reasons: 1) Signal cable is disconnected.

2) Relevant plugs are not connecting or lost contact.

9. Emitter is working, inside sauna temperature is rising, but the temperature display does not change.

Possible reasons: 1) Temperature sensor is damaged.

2) Temperature sensor down-lead is disconnected.

## Certificate of warranty

This product has completely passed tests on quality control and safety features, conducted by the technical department of the manufacturer.

It will be greatly appreciated to inquire and ask for required service work upon finding any defects by presenting the certificate of warranty to the authorized dealer in your area.

### \*Warranty information

1. Warranty period is 12 months from the purchased date.
2. This warranty is void if the sauna been altered, misused, or has been repaired by an unauthorized person, or it is not installed according to stated instructions.
3. You will be charged a minimum repair cost in the following cases:
  - a) When warranty period has expired.
  - b) Force majeure.
  - c) Rough and wrong operation on the sauna.
4. The warranty extends only to the manufacturing defects and does not cover any damage resulting from mishandling of the product by the owner.

Certificate to Warranty	
Model No	
Serial No	
Date of Purchase	
Name of Customer	
Dealer Information	

### Distributor Contact Information for Customer Service

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